

Lord Jesus Christ, pierce my soul with Your love



Lord Jesus Christ, pierce my soul with your love
so that I may always long for You alone,
who are the bread of angels and the fulfilment
of the soul's deepest desires.

May my heart always hunger and feed upon You,
so that my soul may be filled
with the sweetness of Your presence.

May my soul thirst for You, who are the source of life,
wisdom, knowledge, light and all the riches
of God our Father.

May I always seek and find You,
think upon You, speak to You, and do all things
for the honour and glory of Your holy name.

Be always my only hope, my peace,
my refuge and my help in whom my soul is rooted
so that I may never be separated from You.

Bonaventure (1217-74)