

## Teach us to pray



Our heavenly Father, who through Your Son Jesus Christ has said that we ought always to pray and not to grow weary, we ask You, teach us to pray. Our spirit is willing but our flesh is weak.

Give us grace each day to approach Your throne and seek Your face;  
to be concerned as much for Your glory as for our need;  
and in everything by prayer and supplication with thanksgiving  
to make our requests known to You, until all our lives be gathered up  
into Your presence and every breath is prayer,  
through Jesus Christ Your Son, our ransom and mediator.  
Amen.

John R.W. Stott – adapted