

Be thou a light unto my eye



Be thou a light unto my eyes,
music to mine ears,
sweetness to my taste,
and full contentment to my heart.
Be thou my sunshine in the day,
my food at table,
my repose in the night,
my clothing in nakedness,
and my succour in all necessities.
Lord Jesus, I give thee my body, my soul,
my substance, my fame, my friends,
my liberty and my life.
Dispose of me and all that is mine
as it may seem best to thee
and to the glory of thy blessed name.

John Cosin (1594-1672)